

MMA SPIRIT

HOME OF CHAMPIONS

„Reaching your goals...together at the home of champions“

Flexibility is one of our main ideas when it comes to our membership deals. Our prices include our full program such as:

- participation in all martial arts classes (except for „pro“ classes)
- participation in all fitness classes
- professional instruction for weightlifting and fitness training
- use of all fitness-, strength machines as much as the free weights (from age 15)
- use of the cardio machines
- use of the sauna (from age 15 or with permission of parents) and showers
- stay in our lounges
- booking of personal training classes (will cause additional costs)

Our prices are valid –depending on the membership duration- for kids (from 5-15) and adults (from 15) at monthly payment via debit advice as follows:

	1 month	3 months	6 months	12 months	24 months
kids	79,00€	54,00€	49,00€	44,00€	39,00€
adults	129,00€	104,00€	89,00€	79,00€	69,00€

flatrate*	day pass	10 day pass	10 day weekend pass	drinking
kids	10,00€	75,00€	not available	5,00€
adults	20,00€	150,00€	100,00€	10,00€

	trial session	registration fee* ²	membercard* ³
kids	free (up to three times)	50,00€	10,00€
adults	10,00€ (up to three times)	75,00€	10,00€

* Choosing the drinking flatrate enables you to consume as much as you like at our mineral drink station- (only) using the MMA Spirit drinking bottle, which will be handed over free of charge.

*² The registration fee is a one time cost.

*³ The membercard has to be shown when entering the gym. It's a one time charge unless the card is lost or broken and in such case will be charged with 10,00€